

**A HEALING BOOKLET FOR YOU...  
YOUR PRESCRIPTION FOR WELLNESS**



**BY REV. BARBARA DI GILIO TH.D**

# God's Word (His Will) Brings Wholeness and Healing

*By Rev. Barbara A. Di Gilio ThD*

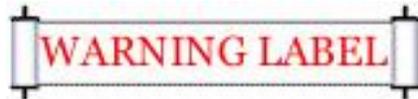
"Death and life are in the power of the tongue:  
and they that love it shall eat the fruit thereof."  
Proverbs 18:21 KJV

"Those who love to talk will experience the consequences,  
for the tongue can kill or nourish life."  
Proverbs 18:21 NLT

"The tongue has the power of life and death,  
and those who love it will eat its fruit."  
Proverbs 18:21 NIV

"Death and Life are in the power of mans tongue (speech):  
and those who love, eat the fruitful reward of it."  
Proverbs 18:21 AGI

maveth:#4194 - chay:#2416 - yad:#3027 - lashown:#3956 -  
'ahab:#157 - 'akal:#398 - periy:#6529  
Proverbs 18:21 Strong's Hebrew



**All Prescriptions Come With A Warning Label  
- So Does Ours**

**The Word of God (the Bible), tells us to pray "only" to God in the name of His Son, "Jesus the Christ" (Yeshua the Messiah).**

*For there is one God, and one mediator also between God and men, the man Christ Jesus, who gave Himself as a ransom for all, the testimony given at the proper season and time. I Timothy 2:5-6*

This Scripture is literal and it is the key to opening the door for our healing to take place. Our go between (mediator) is not Mary (Miriam), the mother of Jesus. Nor should we pray to angels or the saints who are now in glory. It is **"only"** Yeshua the Messiah (Jesus the Christ), our mediator that we should be decreeing our prayers to. He takes our prayers to our Father for our needs. This pleases the heart of Father God when we listen to His Word, obey and prayer with assurance.

**So our warning is "Listen to the Scriptures!"** Please beloved of God, they mean what they say, so read it again but this time with a Hebrew mindset.

*"For there is **One God (Elohim), and One Mediator between God and ALL of mankind, it is the man Messiah Yeshua,** who gave Himself as a ransom for ALL mankind, the living testimony (witness) given us at the proper time (season)." I Timothy 2:5-6 - AGI*

**Take heart: "If God be for you, who can be against you?"**

"Let no one be found among you who sacrifices his son or daughter in the fire, who **practices divination or sorcery, who interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead.** Anyone who does these things is an **abomination (detestable) to the LORD,** and because of these detestable practices the LORD your God will drive out those nations before you. **You must be blameless (sincere) before the LORD your God.**" Deuteronomy 18:10-13

**YOU HAVE BEEN WARNED!!!**

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## Healing Scriptures - Your RX For Divine Health & Healing

"Is not My Word (a commandment or a decree), like  " declares  
the **LORD**, "and like a hammer  which shatters  
a rock in pieces?" --Jeremiah 23:29

### A True Hammer Story

Yes, the Word of our LORD is mighty. Let me tell you a short but powerful story about a coalmine in the state of Virginia. In the late 1980's, a minister came to my church and told the following "true" story. It has stayed with me all these years, and I share it each time I have the opportunity.

At the entrance to this particular mineshaft lay a huge freestanding boulder. The miners had the habit of striking the massive rock with their pickaxes as they entered the mineshaft each workday. After many years, the boulder showed no outward signs of being damaged, with the exception of a few small chips on its exterior. However, one morning when one of the miners struck the rock with his pickax, it broke into many large pieces and came crashing down, sealing off the entrance to the mine.

What no one could see was the damage being done "inside" the huge boulder, chipping away at its wholeness. From the very first strike of a miner's pickax, fractures were taking place within the rock. The breaks finally worked their way throughout the entire inner structure, and the huge boulder virtually imploded.

This is just how the Word of God operates when we confess it over the problems (mountains) in our daily lives. We must use God's Word as a **hammer of righteousness**, speaking His promises daily, just as the miners used their pickaxes each day to strike the boulder.

I believe God touches our lives the very first time we ask Him to heal us or help us with our problems. Then as we continue to claim His Truth, swinging our **hammer of righteousness** by speaking His Word, the problems in our lives begin to break up.

We may ask: Why does this happen more quickly for some people than for others? The answer is that God is in control of exactly when the mountains will implode, and His timing is always perfect!

Yet we must do our part. Just as the miners struck the boulder each day with their pickaxes, we must use our **hammer of righteousness (our pickax)** daily by confessing with our mouth His righteous Word. God's Word tells us: **"So then faith comes by hearing, and hearing by the Word of God." (Romans 10:17.)** I received high marks at Bible College when my Greek teacher, Professor Gene Holmes, asked me to translate the following scripture, Mark 11:23-25:

Amen, I set a discourse to you: "That whosoever shall speak to this mountain, be thou removed and be thou cast into the sea, and shall not stagger nor doubt in his thoughts or feelings, but shall trust those things which he lays forth shall come into being, he shall have whatsoever he makes vocal." Therefore I make vocal to you now: "What things so ever you desire and require, when you pray, believe, have faith that you receive them, and you shall have them." And whenever you stand praying, worshiping, forgive by laying aside all hardness of heart if you have anything against another, that your Father which is in Heaven may forgive you your offences, your transgressions. (Mark 11:23-25.) (My Amplified Version - Barbara A. Di Gilio)

In order for faith to come, we must **HEAR the Word of God.** It must be made vocal by us to God, because: "Faith comes by hearing and hearing by the Word of God." We must speak the Word forth, and when we hear ourselves speak His Word, faith is built. Job, speaking to his friends, states: "For He performs (amends, makes an end, finishes) what is appointed for me, And many such decrees are with Him." What Job is implying is that God performs on our behalf what is appointed for our lives.

David also wrote: **"I will cry out unto God Most High (Elohim-El Elyon); unto God that performs (accomplishes) ALL things for me."** David understood the goodness in God to work good on our behalf, all things appointed us. Jeremiah 1:12 tells us that "it is the LORD who watches over His Word to perform it." So it must be His Word that we swing as our pickax of faith over our sickness and every problem in our lives. We must be insistent in prayer when it comes to laying hold on God's Word because laying hold on His Word is like laying hold on Him.

Remember the woman with the issue of blood, for she said within herself: "If I may but touch His garment, I shall be whole (healed)." (Matthew 9:21.) However, in Mark's gospel it is stated this way: For she related in words: "If I may just touch but His clothes, I shall be whole (healed)." (This is my translation of Mark 5:28.) So this woman spoke out her faith in Yeshua (Jesus), and knowing the prophecy of Malachi she reached out to touch Messiah's tzitzit (fringe) on His garment. She was in such distress, she must have been mumbling to herself. I have often done this when in pain with my bladder. I'm speaking, but not really loud enough for everyone to hear me.

Let's read a portion in Malachi, but this time put your name in where it says "you" - for this is a promise for YOU beloved of God.

"But unto YOU that reverence My Name shall the Son of Righteousness arise with healing in His wings; and YOU will go forth and skip about like calves from the stall." (Malachi 4:2.)

Let me talk just a moment about the "pureness of the Word of God." Proverbs 30:5 tells us: "Every word of God is pure; He is a shield unto them that put their trust in Him." What does this really mean, beloved? First, it means that God's Word is "tested," it's "pure." This word "pure" (tsaraph Strong's #6884), is used by a goldsmith in the testing of gold to see if it's ready to be cast forth into its mold.

In its root form it really means "to fuse or to brand." To have God as our shield is to have faith enough to confide in Him. If we have hope, we then make God our refuge; this is simply putting our trust in Him and His Word. Have you done that yet? If not, take the time to do that now. Please pray this simple prayer.

*Father, I come to You in the Name of Yeshua the Messiah (Jesus the Christ), whom I want to receive now as my Saviour and Lord. I ask You to be my Shield. I will put my trust in You and your pure Word. Teach me, Father, to proclaim Your pure Word over my life and the lives of my loved ones. Make me a witness of Your goodness to others in my life. Give me Your Spirit so I may bring glory to You in the Name of Yeshua, my Messiah. Amen.*



***For your sickness prayer this:***

*Father, I am sick in body, I ask You now to heal my diseases. Your Word states that Messiah bore sickness in His own body, and that by His stripes I am healed. I lay hold of that truth anew today (name the date and time as a signpost for yourself), and by faith in Your pure Word, I apply that Word to my life claiming wholeness just like the woman with the issue of blood. The Son of Righteousness has risen with healing in His wings for me, Amen.*

If you prayed the first prayer, you are born from above, really born of God. He is your Father and Yeshua is now your all-in-all, you can depend on Him.

If you prayed the second prayer, you are now healed no matter how you are feeling; you are healed according to the Word of God. Now walk it out until you see it come to pass in your life, which is what I had to do in 1985. Have trusting faith that the Holy Spirit of God will HELP you.

Read the Healing Scriptures which are on the following pages; these are pure promises to you beloved of God. For all the promises of God in Him are yes, and in Him Amen, unto the glory of God through us. Now He who has established us with you in Messiah has anointed us is God. He has also sealed us, and given the earnest of the Spirit in our hearts bearing witnessing to us of His truth. It is His Word which is TRUTH. (II Corinthians 1:20-22; Roman 2:15; John 17:17.)

Now live for God; love for God; and above all, witness the goodness of God whenever you can. Shalom

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***"Healing is the children's bread." Matthew 15:26***

**Your RX  For Health & Healing**  
**Take At Least Once A Day If You Are Healthy;**  
**Three Times A Day When Sick In Body, Mind or Spirit**

"And He said: 'If you will give earnest heed to the voice of the LORD your God, and do what is right in His sight, and give ear to His commandments, and keep all His statutes, I will put none of the diseases on you which I have put on the Egyptians; for I, the LORD, am your Healer.'" Exodus 15:26

"But you shall serve the LORD your God, and He will bless your bread and your water; and I will remove sickness from your midst." Exodus 23:25

"The LORD will remove from you all sickness; and He will not put on you any of the harmful diseases of Egypt which you have known, but He will lay them on all who hate you." Deuteronomy 7:15

"Now it shall be, if you diligently obey the LORD your God, being careful to do all His commandments which I command you today, the LORD your God will set you high above all the nations of the earth. All these blessings will come upon you and overtake you if you obey the LORD your God: Blessed shall you be in the city, and blessed shall you be in the country. Blessed shall be the offspring of your body and the produce of your ground and the offspring of your beasts, the increase of your herd and the young of your flock. Blessed shall be your basket and your kneading bowl. Blessed shall you be when you come in, and blessed shall you be when you go out. The LORD shall cause your enemies who rise up against you to be defeated before you; they will come out against you one way and will flee before you seven ways. The LORD will command the blessing upon you in your barns and in all that you put your hand to, and He will bless you in the land which the LORD our God gives you. The LORD will establish you as a holy people to Himself, as He swore to you, if you keep the commandments of the LORD your God and walk in His ways. So all the peoples of the earth will see that you are called by the name of the LORD, and they will be afraid of you. The LORD will make you abound in prosperity, in the offspring of your body and in the offspring of your beast and in the produce of your ground, in the land that the LORD swore to your fathers to give you. The LORD will open for you His good storehouse, the heavens, to give rain to your land in its season and to bless all the work of your hand; and you shall lend to many nations, but you shall not borrow. The LORD will make you the head and not the tail, and you only will be above, and you will not be underneath, if you listen to the commandments of the LORD your God, which I charge you today, to observe them carefully, and do not turn aside from any of the words which I command you today, to the right or to the left, to go after other gods to serve them. Also every sickness and every plague which is not written in the book of this law, the LORD will bring on you until you are destroyed." Deuteronomy 28:1-14,6

"I call heaven and earth to witness against you today, that I have set before you life and death, the blessing and the curse. So **choose life** in order that you may live, you and your descendants, by loving the LORD your God, by obeying His voice, and by holding fast to Him; for this is your life and the length of your days, that you may live in the land which the LORD swore to your fathers, to Abraham, Isaac, and Jacob, to give them." Deuteronomy 30:19-20

"Not one of the good promises which the LORD had made to the house of Israel failed; all came to pass." Joshua 21:45

"Blessed be the LORD, who has given rest to His people Israel, according to all that He promised; not one word has failed of all His good promise, which He promised through Moses His servant." I Kings 8:56

"With long life will I satisfy him/her, and show him/her my salvation (Yeshua)." Psalm 91:16

Psalm 103:1-8

1 A Psalm of the Beloved (I am your Beloved Lord).

Bless the LORD, O my soul: and all that is within me, bless His holy name.

2 Bless the LORD, O my soul, and forget not all His benefits:

3 Who forgives all my iniquities; who heals all my diseases;

4 Who redeemed my life from destruction; who crowns me with lovingkindness and tender mercies;

5 Who satisfies my mouth with good things; so that my youth is renewed like the eagles.

6 The LORD executes righteousness and judgment for all that are oppressed.

7 He made known His ways unto Moses, His acts unto the children of Israel.

8 The LORD is merciful and gracious, slow to anger, and abundant in mercy.

**Psalm 103:1-8 you should try and remember, and say it out loud every day of your life. Make it very vocal, the enemy hates it, but God loves to hear it! Amen.**

"He sent His Word, and healed them, and delivered them from their destructions." Psalm 107:20

"My son/daughter, attend to My words; incline thine ear unto My sayings. Let them not depart from thine eyes; keep them in the midst of your heart. For they are Life unto those that find them, and health to all their flesh." Proverbs 4:20-22

"Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of My Righteousness." Isaiah 41:10

"Surely He has borne our griefs, and carried our sorrows: yet we did esteem Him stricken, smitten of God, and afflicted. But He was wounded for our transgressions; He was bruised for our iniquities: the chastisement of our peace was upon Him; and with His stripes we are healed." Isaiah 53:4-5

"Then the LORD said to me, 'You have seen well, for I am watching over My Word to perform it.'" Jeremiah 1:12

"For I will restore you to health and I will heal you of your wounds," declares the LORD, "Because they have called you an outcast, saying: 'It is Zion; no one cares for her.'" Jeremiah :30:17

"This was to fulfill what was spoken through Isaiah the prophet: 'HE HIMSELF TOOK OUR INFIRMITIES AND CARRIED AWAY OUR DISEASES.' Matthew 8:17

"Verily I say unto you, whatsoever you shall bind on earth shall be bound in heaven: and whatsoever you shall loose on earth shall be loosed in heaven. Again I say unto you, that if two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father which is in heaven." Matthew 18:18-19

"And Yeshua (Jesus) answered and said to them, Truly I say to you, if you have faith and do not doubt, you will not only do what was done to the fig tree, but even if you say to this mountain, Be taken up and cast into the sea, it will happen." Matthew 21:21

"For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. Therefore I say unto you, what things so ever you desire, when you pray, believe that you receive them, and you shall have them. And when you stand praying, forgive, if you have ought against any: that your Father also which is in heaven may forgive you, your trespasses." Mark 11:23-25

"They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover." Mark 16:18

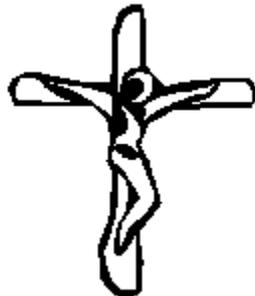
"The thief comes for one reason, to steal, to kill, and to destroy: but I have come that you might have Life, and that you might have it more abundantly." John 10:10

"(As it is written, I have made thee a father of many nations,) before him whom he believed, even God, who quickens the dead, and calls those things which be not, as though they were. Who against hope believed in Hope, that he might become the father of many nations, according to that which was spoken, so shall thy seed be. And being not weak in faith, he considered not his own body now dead, when he was about 100 years old, neither yet the deadness of Sarah's womb; He staggered not at the promise of God through unbelief, but was strong in faith, giving glory to God." Roman 4:17-20

"But if the Spirit of Him that raised up Yeshua (Jesus) from the dead dwell in you, He that raised up Messiah (Christ) from the dead shall also quicken your mortal bodies by His Spirit that dwells in you." Romans 8:11

"Casting down imaginations, and every high thing that exalts itself against the Knowledge of God, and bringing into captivity every thought to the obedience of Messiah (Christ); And having a readiness to revenge all disobedience, when your obedience is fulfilled." II Corinthians 10:5-6

"Messiah (Christ) redeemed us from the curse of the Torah (Law), having become a `curse for us`-- for it is written, `CURSED IS EVERYONE WHO HANGS ON A TREE`" Galatians 3:13



"Finally, my brethren, be strong in the Lord, and in the power of His might. Put on the whole armour of God that you may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore, take unto you the whole armour of God that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; and your feet shod with the preparation of the gospel of peace. And above all, taking the shield of Faith, wherewith you shall be able to quench all the fiery darts of the wicked. And take the helmet of Salvation, and the sword of the Spirit, which is the Word of God: Praying always with ALL prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints of which I am one."

Ephesians 6:10-18

"Being confident of this very thing, that He which has begun a good work in you will perform it until the day of Yeshua Messiah (Jesus Christ)." Philippians 1:6

"For it is God which works in you both to will and to do of his good pleasure." Philippians 2:13

"Let us hold fast the profession of our faith without wavering; (for He is faithful that promised)." Hebrews 10:23

"Through Faith also Sarah herself received strength to conceive seed, and was delivered of a child when she was past age, because she judged Him faithful who had promised." Hebrews 11:11

"Yeshua the Messiah (Jesus the Christ) the same yesterday, and today, and forever." Hebrews 13:8

"Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him." James 5:14-15

"Who His own self bare our sins in His own body on the tree that we, being dead to sins, should live unto righteousness: by whose stripes you were healed." I Peter 2:24

"And this is the confidence that we have in Him, that, if we ask anything according to His Will (His Word), He hears us: And if we know that He hear us, whatsoever we ask, we know that we have the petitions that we desired of Him." I John 5:14-15

"And they overcame him (Satan) by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death." Revelation 12:11





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***"Thy Word Father Is Pure,  
It Is a Light Unto My Path,  
And A Lamp Unto My Feet."***

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***The LORD bless thee, and keep thee:  
The LORD make His face shine upon thee,  
and be gracious unto thee:  
The LORD lift up His countenance upon thee,  
and give thee peace (His shalom).***

***Numbers 6:24-26***

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<http://www.mayimhayim.org>  
[barbara@mayimhayim.org](mailto:barbara@mayimhayim.org)

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